Changes to the Post Retirement Benefits Legacy Plan for the OPSEU Pension Trust Retirees

Updates to the OPS Post Retirement Benefits (PRB) Legacy plan (Policy No.157838 & Policy No.169494) include increased coverage for services of a psychologist and other paramedical practitioners effective January 1, 2022.

**Psychological Services**

**Effective January 1, 2022:** the per half-hour cap for the services provided by a psychologist, including services of a practitioner registered with a Master of Social Work (MSW) designation, will increase from $40 to $80, and the annual maximum will increase from $1400 to $1600.

Any eligible claims incurred since January 1, 2022, that have already been submitted to Manulife, will be re-assessed automatically based on the new psychological services caps without any further submission by a plan member.

**Speech Therapy Services**

**Effective January 1, 2023:** the per half-hour cap for services of a speech therapist will increase from $25 to $30; the annual maximum of $1400 remains unchanged.

**Effective January 1, 2024:** the per half-hour cap for services of a speech therapist will further increase from $30 to $35; the annual maximum of $1400 remains unchanged.

**Other Paramedical Services**

**Effective January 1, 2023:** the per visit cap for services of a licensed chiropractor, osteopath, naturopath, podiatrist, physiotherapist and masseur will increase from $25 to $30; the annual maximum of $1200 per type of practitioner remains unchanged.

**Effective January 1, 2024:** the per visit cap for services of a licensed chiropractor, osteopath, naturopath, podiatrist, physiotherapist and masseur will further increase from $30 to $35; the annual maximum of $1200 per type of practitioner remains unchanged.
RESOURCES:

For inquiries about benefits claims please contact the insurance carrier:

Canada Life:
Phone: 1-800-874-5899
Website: www.canadalife.com

For questions about Enrolment please contact the pension administrator:

OPSEU Pension Trust – Retiree Experience
Phone: 416-681-6100 or 1-800-637-0024 (Toll Free)
Fax: 416-681-6175
Website: www.OPTrust.com
Email: email@optrust.com